



Sustaining Dunbar Travel Advice Factsheet 8 20 mph Speed Limits



If you are struck by a car travelling at 35 mph, there is a 50% chance that you will be killed. At a traffic speed of 20 mph, the fatality rate for pedestrians falls to just 3%. Children are the most vulnerable group; in 2011 there were 1,315 child casualties on Scotland's roads, 7 of whom died.



The 30 mph speed limit was introduced in 1934 when there were just 2 million cars in the UK. Today, there are over 31 million cars. With today's increased car use and speeds, gaps in the traffic so you can cross the road are hard to come by. At 20 mph busy streets becomes easier to cross, less noisy and more sociable.

A 20 mph speed limit can:-

- Encourage people to walk and cycle more by making it feel safer, so increasing levels of physical activity.
- Reduce vehicle emissions as the amount of breaking and accelerating decreases.
- Lower traffic noise.
- Increase walking and cycling rates thus improving levels of physical activity.
- Reduce the number of road accidents involving pedestrians and cyclists and reduce the severity of these accidents.

20's Plenty For Us National Campaign

20's Plenty For Us is a national campaign for a 20 mph speed limit for all residential roads. It was set up in 2007 and provides technical advice and support. Their website is www.20splentyforus.org.uk.

20's Plenty



Where People Live

20's Plenty For Dunbar Local Campaign

Sustaining Dunbar is running a 20's Plenty for Dunbar local campaign. We have been successful in securing a 20 mph trial in South Dunbar, and await the results.

The best way to campaign for a 20 mph speed limit in your area is to join 20's Plenty and start a Neighbourhood campaign; perhaps you could start a facebook page? Ask around to gauge local support, get a large scale map of your area asking people to mark where 20 mph limits should be. Use petitions, face book, arrange meetings with local councillors. Contact Sustaining Dunbar or 20's Plenty for stickers, posters and advice and suggestions on how to run a campaign. www.20splentyfordunbar.org.uk